



• cordially invites you
to attend a CME on

Critical Care Nutrition workshop:

Practical Approach



Le Méridien Dubai Hotel
& Conference Centre



Sunday, 31st August 2025
from 8:30 AM to 7:00PM

Secure your spot for just 500 AED!

Critical Care Nutrition workshop:

Practical Approach

Course Director:



Dr. Galal Abdehnaby

Head of Critical care department
Al Qassimi hospital EHS UAE

Course Co-Director:



Dr. Amr Abouelela

Consultant intensivist
Al Qassimi Hospital EHS UAE

Speakers:



Dr. Ashraf Elhoufi

Consultant & Head of ICU
Dubai Hospital
Dubai, UAE



Dr. Khaled Sewify

Head of ICU
King Fahd Military Medical Complex
Dhahran, Saudi Arabia



Dr. Yasser Zaghloul

Senior Consultant of Anesthesia, Pain and ICU
Sheikh Khalifa Medical City
Abu Dhabi, UAE



Dr. Ahmed Reda Taha

Assistant Clinical Professor
Vice Chair of Education,
Critical Care Institute,
Case Western Reserve University, USA
Cleveland Clinic
Abu Dhabi, UAE



Dr. Lisa Sharkey

Consultant Gastroenterologist,
King's College Hospital London, UAE



Dr. Omar Alsoukhni

Pharmacy Manager, PharmD
Abu Dhabi, UAE



Ms. Edel Warke

Lead Dietitian at King's College Hospital
London, UAE



Mrs. Ohoud Alhammadi

Head of Nutrition Department
Al Qassimi Hospital (EHS),
Sharjah, UAE

Agenda

TIME	TOPICS	SPEAKERS
08:30-08:45	Registration	
08:45-09:00	INTRODUCTION	
09:00-09:30	Nutritional screening & assessment	Ms. Edel Warke
09:30-10:00	Indirect calorimetry	Ms. Ohoud Alhamady
10:00-10:30	Stress Related metabolic derangement	Dr. Galal Abdelnaby
10:30-11:00	Coffee break	
11:00-11:30	Energy and Protein sources & requirements in ICU	Dr. Ahmed Taha
11:30-12:00	Enteral nutrition (Start or not to start)	Ms. Edel Warke
12:00-12:30	Challenges in EN	Dr. Amr Abouelela
12:30-01:00	TPN prescription in critically ill patients	Dr. Ashraf Elhoufy
01:00-01:30	Complications of PN	Dr. Omar Sukhni
01:30-02:30	Lunch break	
02:30-03:00	Fish Oil containing lipid emulsion in PN	Dr. Khalid Sewify
03:00-03:30	Nutrition in special population in critically ill patient	Dr. Yasser Zaghloul
03:30-04:00	Nutritional Formulae and Supplementation in Critical Care	Dr. Khalid Sewify
04:00-04:30	Monitoring of Nutrition	Dr. Omar Sukhni
04:30-05:00	Medical Management of IF	Dr. Lisa Sharkey
05:00-05:20	Coffee break	
05:20-06:00	Indirect calorimetry: Hands on	Ms. Ohoud Alhamady Dr. Galal Abdelnaby
06:00-06:40	Clinical case scenario: ICU Nutrition in practice	Dr. Amr Abouelela
06:40-07:00	Q&A, closing and evaluation	All Speakers



Organized by Limitless Solutions for Conferences and Seminars Organizing LLC