



cordially invites you  
to attend a CME on

# Critical Care Nutrition workshop: Practical Approach



Le Méridien Dubai Hotel  
& Conference Centre



Sunday, 31st August 2025  
from 8:30 AM to 7:00PM

Secure your spot for just 500 AED!



# Critical Care Nutrition workshop: Practical Approach

## Course Director:



**Dr. Galal Abdelnaby**

Head of Critical care department  
Al Qassimi hospital EHS UAE

## Course Co-Director:



**Dr. Amr Abouelela**

Consultant intensivist  
Al Qassimi Hospital EHS UAE

## Speakers:



**Dr. Ashraf Elhoufi**

Consultant & Head of ICU  
Dubai Hospital  
Dubai, UAE



**Dr. Khaled Sewify**

Head of ICU  
King Fahd Military Medical Complex  
Dhahran, Saudi Arabia



**Dr. Yasser Zaghloul**

Senior Consultant of Anesthesia, Pain and ICU  
Sheikh Khalifa Medical City  
Abu Dhabi, UAE



**Dr. Ahmed Reda Taha**

Assistant Clinical Professor  
Vice Chair of Education,  
Critical Care Institute,  
Case Western Reserve University, USA  
Cleveland Clinic  
Abu Dhabi, UAE



**Dr. Lisa Sharkey**

Consultant Gastroenterologist,  
King's College Hospital London, UAE



**Dr. Omar Alsoukhni**

Pharmacy Manager, PharmD  
Abu Dhabi, UAE



**Ms. Edel Warke**

Lead Dietitian at King's College Hospital  
London, UAE



**Mrs. Ohoud Alhammadi**

Head of Nutrition Department  
Al Qassimi Hospital (EHS),  
Sharjah, UAE

# Agenda

TIME	TOPICS	SPEAKERS
08:30-08:45	Registration	
08:45-09:00	INTRODUCTION	
09:00-09:30	Nutritional screening & assessment	Ms. Edel Warke
09:30-10:00	Indirect calorimetry	Ms. Ohoud Alhamady
10:00-10:30	Stress Related metabolic derangement	Dr. Galal Abdelnaby
10:30-11:00	Coffee break	
11:00-11:30	Energy and Protein sources & requirements in ICU	Dr. Ahmed Taha
11:30-12:00	Enteral nutrition (Start or not to start)	Ms. Edel Warke
12:00-12:30	Challenges in EN	Dr. Amr Abouelela
12:30-01:00	TPN prescription in critically ill patients	Dr. Ashraf Elhoufy
01:00-01:30	Complications of PN	Dr. Omar Sukhni
01:30-02:30	Lunch break	
02:30-03:00	Fish Oil containing lipid emulsion in PN	Dr. Khalid Sewify
03:00-03:30	Nutrition in special population in critically ill patient	Dr. Yasser Zaghloul
03:30-04:00	Nutritional Formulae and Supplementation in Critical Care	Dr. Khalid Sewify
04:00-04:30	Monitoring of Nutrition	Dr. Omar Sukhni
04:30-05:00	Medical Management of IF	Dr. Lisa Sharkey
05:00-05:20	Coffee break	
05:20-06:00	Indirect calorimetry: Hands on	Ms. Ohoud Alhamady Dr. Galal Abdelnaby
06:00-06:40	Clinical case scenario: ICU Nutrition in practice	Dr. Amr Abouelela
06:40-07:00	Q&A, closing and evaluation	All Speakers





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